

Love your Lunch!

Expression of Interest Form











Bin Audits pre & post program



Make your own Lunch

Workshop



Beeswax Wrapper Workshop

Is your school keen to reduce lunchbox waste?

North East Waste in collaboration with Council and the NSW Government's Love Food Hate Waste Program, is seeking expressions of interest from primary schools to join the Love your Lunch Program in Terms 3 or 4, 2021.

The program is based at your school for students aged K-6 and key curriculum outcomes are attached. We operate under a NSW Government Covid-19 Safety Plan and any guidelines set by the school.

The Love your Lunch Program tackles the challenges of reducing lunchbox food and packaging waste, healthy eating, reducing school waste and also food waste reduction amongst families.

The aim is to provide students with the inspiration and skills needed to make or pack their own lunches, which has been shown through recent Australian pilot studies to reduce the amount of food left uneaten at school.

Program contact:

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Program outline:



AUDIT 1

- Performed by NEWaste Education Officer.
- After School Recess break 2.
- No student involvement.
- Results provided to school & shown / discussed with students at first Workshop.



LUNCH MAKING WORKSHOP

- Run by Love Food
 Hate Waste Chef digital or face-to-face
 options available.
- Children learn simple lunch-making skills, how to include leftovers and watch a cooking demonstration.
- Sample and recipe card sent home to parents.



BEESWAX WRAPPER WORKSHOP

- Run by NEWaste Education Officer.
- Children decorate and make their own Beeswax Wrapper to take home.
- Information card sent home to parents.



AUDIT 2

- Performed by NEWaste Education Officer.
- After School Recess break 2.
- Small group of student reps may observe.
- Results provided as part of the end of program report.

CHILDREN MAKE THEIR OWN LUNCHES

 You may choose to ask them to do this over the entire 2-week period, or dedicate some 'make your own lunch' days.

Role of the school:

- Promote the program pre-drafted information supplied.
- Host two workshops for students face-to-face & digital options available.
- Encourage students to make their own lunch or be involved in lunch choices over a two week period.
- Encourage parents to join up to the free Food Smart Program to reduce home food waste.
- Promote results from the program.

Love your Lunch Program: Australian Curriculum Links K-6

For further information, a detailed version for each year level can be provided

Year Level	English	Science	Humanities and Social Sciences	Technologies	Health & Physical Education
Foundation	ACELY1646, ACELY1784	ACSHE021, ACSHE022	ACHASSK031, ACHASSI009, ACHASSI026, ACHASSI042	ACTDEK001, ACTDEK003	ACPPS018, ACPPS021
1	ACELY1656, ACELY1788	ACSHE021, ACSHE022	ACHASSI009, ACHASSI026, ACHASSI042	ACTDEK001, ACTDEK003	ACPPS018, ACPPS021
2	ACELY1666, ACELY1789	ACSSU032, ACSHE035	ACHASSI009, ACHASSI026, ACHASSI042	ACTDEK001, ACTDEK003, ACTDEP007	ACPPS018
3	ACELY1676, ACELY1792	ACSHE051	ACHASSK072, ACHASSI058, ACHASSI079, ACHASSI060, ACHASSI081		ACPPS036
4	ACELY1687	ACSHE062	ACHASSK090, ACHASSI057, ACHASSI078, ACHASSI058, ACHASSI079, ACHASSI060, ACHASSI081		ACPPS036
5	ACELY1699	ACSHE081, ACSHE083	ACHASSK113, ACHASSK120, ACHASSK121, ACHASSI100, ACHASSI128, ACHASSI101, ACHASSI129, ACHASSI102, ACHASSI130, ACHASSI103, ACHASSI131, ACHASSI104, ACHASSI132		ACPPS054, ACPPS058
6	ACELY1709, ACELY1816	ACSHE098, ACSHE100	ACHASSI100, ACHASSI128, ACHASSI101, ACHASSI129, ACHASSI102, ACHASSI130, ACHASSI103, ACHASSI131, ACHASSI104, ACHASSI132		ACPPS054, ACPPS058







Love your Lunch!

Expression of Interest Form

School	Name:		
Contac	t Teacher / School Staff:		
Name:		_ Phone number:	
Email:			
How ma	any students in your school?		
Studen	t Workshops: Please tick what your school w	vould prefer	
□ onlir□ face	ce-to-face version for targeted year group plus ne version only -to-face version for targeted year group only sure as yet - would like to discuss with NE Wa		
If face-to	o-face workshop option selected - year level &	R number of students per class to participate:	
Term 3	or 4 preference & school week that you could	begin (please refer to program outline above):	
Studen	t Workshop facilities needed: Please tick th	e boxes to let us know what you have	
 wate pow cool table Data Screen	with: (possibly canteen, staff room or kitchen) er (sink and hot tap - we will require a room the er points etop/oven - not necessary however es and chairs a projector een or blank wall to project onto		
Any furt	her information about your facilities:		