

Domestic Violence support in Ballina Shire

IN AN **EMERGENCY** OR IF ANYONE IS IN **IMMEDIATE DANGER** PLEASE CALL **000**

Report an incident:

Ballina Police Station - Domestic Violence Liaison Officer

24 hours a day, seven days a week

16 River Street, Ballina

02 6681 8699

If you or someone you know is experiencing domestic violence, call:

NSW Domestic Violence Line

24 hours a day, seven days a week

1800 65 64 63 and 1800 671 442 TTY (Hearing impaired)

www.dcj.nsw.gov.au/children-and-families/family-domestic-and-sexual-violence

QLD Domestic Violence Line

24 hours a day, seven days a week

1800 811 811 | www.dvconnect.org

Telephone counselling and advice:

1800 RESPECT National Sexual Assault, Family & Domestic Violence Counselling helpline

24 hours a day, seven days a week for any Australian who has experienced, or is at risk of, family and domestic violence and/or sexual assault

1800 737 732 | www.1800respect.org.au

Relationships Australia - NSW

1300 364 277 | www.relationshipsnsw.org.au

Mensline

24 hours a day, seven days a week

1300 78 99 78 | www.mensline.org.au

Child Protection Helpline

132 111 | www.facs.nsw.gov.au/families/protecting-kids

Lifeline

24 hours a day, seven days a week counselling and suicide prevention crisis support

131 114 | www.lifeline.org.au

Beyond Blue

24 hours a day, seven days a week [online](#) and phone support for people with depression and anxiety

1300 22 4636 | www.beyondblue.org.au

Mental Health Advice Line

1800 011 511 | www.health.nsw.gov.au/mentalhealth

App support:

NSW Police's **Empower You** app is designed to discreetly document abuse and provide better access to support services

www.police.nsw.gov.au/safety_and_prevention/policing_in_the_community/empower_you_app

Daisy is 1800RESPECT's app that provides information about local DV support services

www.1800respect.org.au/daisy

Sunny is 1800RESPECT's app for women with disability experiencing violence and abuse

www.1800respect.org.au/sunny

Domestic family violence and homelessness services:

Momentum Collective

Monday-Friday 9am-4pm

4/79 Tamar St, Ballina

02 6681 3622 | 1800 387 867

info@mymomentum.org.au | www.mymomentum.org.au

Social Futures

5/274 River Street, Ballina

1800 702 895 | info@socialfutures.org.au

Connecting Home - First Response Team

Monday-Friday 9am-5pm

1800 048 310 | firstresponse@socialfutures.org.au

Northern Rivers Community Legal Centre

56 Carrington Street, Lismore

nrclc@northernriversclc.org.au | www.northernriversclc.org.au

Legal Service 02 6621 1000 or 1800 689 889

Tenants Advice & Advocacy Service 02 6621 1022 or 1800 649 135

Northern Rivers Domestic Violence Court Advocacy Service 02 6621 1044 or 1300 720 606

Link2Home

24 hours a day, seven days a week

1800 152 152

For further contacts visit:

www.dcj.nsw.gov.au/children-and-families/family-domestic-and-sexual-violence/domestic--family-and-sexual-violence-support-contacts

www.respect.gov.au

www.askizzy.org.au