

Join the growing popularity of Pickleball at BISC

It's the fastest growing sport in the USA and it has taken off in Ballina. The sport, a cross between tennis and table tennis is rapidly growing in popularity and the Ballina Indoor Sports Centre (BISC), is proud to be the home of Pickleball for the far north coast.

"We started to promote Pickleball after the sports centre reopened following the easing of COVID restrictions last year. It is a safe sport that was a way to reconnect people, bring patrons back to the sports centre and lift the spirits of our community at a time when they needed it most.

We've been overwhelmed by the interest in the game, and our "Picklers" are growing each week. We've even had players travel from the Gold Coast to play games at the centre on Sunday." said Roberta O'Brien, Council's Coordinator of Community Facilities.

The sport develops mental, physical and social aspects while having fun at the same time. "It's an easy game to learn, and it's suitable for children through to seniors, so it's an ideal social game for the whole community."

The Pickleball Association of NSW, coordinates championships across the state, and more and more clubs are starting to pop up. "The Ballina Indoor Sports Centre is the only venue between Coffs Harbour and Tweed that offers the community a place to come together, learn a new sport and have a lot of fun at the same time. It's one of those games that once you play it, you're addicted" added Ms O'Brien.

The Ballina Indoor Sports Centre recently extended its social games to twice a week, Mondays and Fridays at 10.15am and the first Sunday of every month from 10am to 12pm. The cost is \$6 per session making it an affordable activity the whole family can enjoy.

The Ballina Indoor Sports Centre (BISC) is located at 63 Cherry Street, Ballina. Visit www.communityspaces.com.au.

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Image: A group of regular 'Picklers' at the Ballina Indoor Sports Centre

